



Sports Medicine™ Suspension Training® Course

(L2)

- > Demonstrate and teach back TRX® exercises and modifications
- > Understand treatments for common injuries through case scenario formats
- > Provide therapeutic and preventative exercises for common musculoskeletal injuries
- > Correctly set up and use the TRX® Suspension Trainer™ device



January 25, 2015

When

Valeo Physical Therapy / Valeo FIT

Where

1235 Clear Lake City Blvd Suite D, Houston TX 77062

Location Facility

Tony Le Cara, Jr. 713-703-2584 nasatraxter@sbcglobal.net

Contact

To register visit
TRXtraining.com/education

Earn the following CECS:

